

# ELLINGTON RECREATION DEPARTMENT 2011 SUMMER PROGRAMS

**Address:**

31 Arbor Way/P.O. Box 187

**Email:** [recreation@ellington-ct.gov](mailto:recreation@ellington-ct.gov)

**Office Hours :**

Monday 8:30 am-6 pm Friday 8:30 am-1:30 pm

Tuesday-Thursday 8:30 am-4:00 pm

**Phone:** (860) 870-3118

**Fax:** (860) 870-3198

**www.ellington-ct.gov**

## Registration Process

The Ellington Parks and Recreation Department has implemented a registration process for ALL recreational programs/camps through our Active-net On-Line Program. The process for the on-line registrations is easy and convenient for all. The process involves following these simple steps:

- ⇒ **Go to www.ellington-ct.gov**;
- ⇒ Click on Town Services
- ⇒ Click on Parks & Recreation
- ⇒ Select "Click here for Active-net On-line Registration!"

It is imperative that an adult household member setup the family account. The process for requesting an account is simple and takes but only a few minutes of your time. The advantage to setting up an account is the convenience of registering for recreational programs and camps at your leisure. You will need an e-mail address to setup your account, a password and dates of birth for all family members. (Remember to add family members to your account).

If you do not have access for setting up an account at home, we can assist you in setting up your account here at the Recreation Department Office during regular office hours. **In office on-line registrations allows you to pay by cash, check or charge with no convenience fee being applied to your credit card. Note: there is a convenience fee applied to your credit card when registering at home.**

If you have any questions or problems please contact Mary Bartley, Recreation Supervisor.

## AED / First Aid / CPR

**Register online ONLY:**

[Ellington.safety@yahoo.com](mailto:Ellington.safety@yahoo.com)

**Instructor:** Allison Breen

The Recreation Department now has a certified AED/First Aid/CPR Instructor on staff. New classes have been scheduled that will allow ALL Ellington Coaches, Athletic Officials, Program Instructors, and staff of Ellington Recreation sponsored sports and activities to register **FREE of charge**. All classes will be held at the Recreation Office at 31 Arbor Way. Please understand that each coach is **REQUIRED** to complete this training.

**We can only allow six (6) coaches per class, so register early.**

**Tuesday, May 31 5pm-9pm**

**Saturday, June 4 9am-2pm**

**Tuesday, July 5 5pm-9pm**

**Monday, August 1 5pm-9pm**

**You are required to stay the entire time in order to receive your certification**

- You are more than welcome to bring a snack/dinner with you.
- Wear comfortable clothing.

## Boston Red Sox Trip July 8, 2011

The Recreation Department will sponsor (including transportation by bus) a trip to Fenway Park in Boston on July 8 to watch the Red Sox compete against division rival Baltimore Orioles.

Tickets are available (first come, first serve- Right field /Box 92) at the Recreation Office during normal business hours. **Fee per ticket is \$95.00 per person, including transportation.**

Registration form must be completed at the time payment is made. The motor coach will leave Arbor Park at approximately 4:15pm and return immediately at the conclusion of the game.

## Crystal Lake Sprint Triathlon July 17, 2011 (Rain Date July 24th)

The triathlon will be limited to 220 participants; sign-up online through the Triathlon website: [www.ellingtontriathlon.com](http://www.ellingtontriathlon.com) or the Ellington Parks & Recreation website at [www.ellington-ct.gov](http://www.ellington-ct.gov). The cost will be \$65 per participant.

Our team is looking for volunteers. Please send an e-mail to [ellingtontriathlon@gmail.com](mailto:ellingtontriathlon@gmail.com) with your contact information. All profits from the race will be donated to local charities in Ellington. We look forward to an awesome race and please spread the word. Come out for a great event that will benefit a local charity.

- ♦ Swim 1/4 mile in Crystal Lake
- ♦ Bike 12 miles through Ellington & Stafford
- ♦ Run 3.1 miles around Crystal Lake area

## Crystal Lake Sandy Beach 2011

[Weather & Staff permitting]

### Pre-Season:

Weekends **ONLY**

**Starting June 11,12,18,19**

**12 noon—5:00 pm**

### Full Season:

**June 25-August 21**

Weekdays: 12 noon-6:30 pm;

Weekends: 11 am-6:30 pm;

### **Residents**

#### Daily Fee:

\$2.00 Adult 18 & up

\$1.00 Child 6-17 yrs

Children under 5 are free

### **Non-Resident**

#### Daily Fees:

\$5.00 Adult 18 & up

\$3.00 Child 6-17 yrs

Children under 5 are free

## 2011 Swim Lessons

### **Session # 1**

July 5-July 8

(Tuesday– Friday)

July 11-July 14

(Monday-Thursday)

### **Session # 2**

July 18-July 22

July 25-July 28

(Monday-Thursday)

### **Session # 3**

Aug. 1-Aug. 4

August 8-August 11

(Monday-Thursday)

*We use Fridays as  
make-up days if needed*

**Lessons are filled on a First-Come, First-Serve Basis with a max of 10 students/class no exceptions.**

## Crystal Lake Sandy Beach 2011 Swim Lesson Information

The Ellington Parks & Recreation Department will be offering Swimming Lessons at Crystal Lake Sandy Beach Facility for residents ages 3 years-Adult. This year we will be offering the American Red Cross Six Comprehensive Course Levels that will teach you and /or your child how to swim skillfully and safely. The prerequisite for each level is the successful demonstration of the skills from the preceding level, except for Level 1, which has **No Prerequisite**. Each level of the **Learn-to-Swim** includes training in basic water safety and helping a swimmer in distress, in addition to the skills outlined below:

### Adult & Child Aquatics Level 1 (Former Aquatot)

Introduces basic skills to parents and children, including safety topics, the instructor works with the parents on how to show them how to instruct their child in water safety skills and general water safety around the home.

### Preschool Aquatics Level (Former KINDERSWIM)

(Builds on skills learned in parent and child aquatics with instructors help) Blow bubbles 3 seconds, Submerge nose, eyes, mouth, Open eyes under water & retrieve object, Front and back glide, 2 body lengths, Roll from front to back and back to front, Treading with arm and hand motions, Alternating and simultaneous leg action on front and back, Alternating and simultaneous arm action on front and back Combined arm and leg action on front and back

### Level 1: Introduction to Water Skills

- ◇ Enter and exit water safely, open eyes under water, pick up objects
- ◇ Swim on front & back using arm and leg actions
- ◇ Submerge mouth, nose and eyes
- ◇ Float on front and back, follow basic water safety rules
- ◇ Exhale underwater through mouth and nose
- ◇ Explore arm and hand movements, use of life jacket

### Level 2: Fundamental Aquatic Skills

- ◇ Enter water by stepping or jumping from the side
- ◇ Open eyes underwater, pick up a submerged object
- ◇ Roll over from front to back, back to front
- ◇ Swim on side, exit water safely using ladder or side
- ◇ Float on front and back, tread water using arms and leg motions
- ◇ Move in the water while wearing a life jacket
- ◇ Submerge entire head, perform front and back glide
- ◇ Swim on front and back using combined strokes

### Level 3: Stroke Development

- ◇ Jump into deep water from the side (Raft/Pool)
- ◇ Bob with the head fully submerged, perform survival float
- ◇ Butterfly-kick and body motion
- ◇ Use Check–Call–Care in an emergency
- ◇ Dive from kneeling or standing position
- ◇ Use rotary breathing in horizontal position
- ◇ Change from horizontal to vertical position on front and back
- ◇ Perform the HELP and HUDDLE position with and without Life Jacket
- ◇ Submerge and retrieve object
- ◇ Perform front and back glide, Perform front and back crawl
- ◇ Perform a reaching assist

### Level 4: Stroke Improvement

- ◇ Front and back crawl, breast stroke, butterfly, elementary backstroke
- ◇ Swim on side using scissors –like kick
- ◇ Use safe diving rules, perform a throwing assist
- ◇ Swim underwater, tread water using sculling arm motions and kick
- ◇ Perform feet-first surface dive, perform compact jump into water wearing a life jacket
- ◇ Care of conscious choking victim

### Level 5: Stroke Refinement

- ◇ Tread water with two different kick
- ◇ Learn survival swimming, perform rescue breathing, Reach throw & go
- ◇ Flip turns, side stroke, backstroke flip turn
- ◇ Breaststroke, elementary backstroke, front & back crawl
- ◇ Shallow dive, glide two body lengths and begin any front stroke
- ◇ Tuck and Pike surface dives
- ◇ Skull on back

### Level 6: Swimming & Skill

#### Proficiency

- ◇ Personal Water Safety HELP HUDDLE
- ◇ Fitness Swimming
- ◇ Fundamentals of Diving
- ◇ Lifeguard Readiness

#### Guard Start:

Prepares for Lifeguarding Course

### **BEACH PASSES**

#### **GO ON SALE**

**May 10**

**for**

**Ellington Residents Only**

\$40.00 Per Family

\$25.00 Individual

\$10.00 Senior Citizens

**Swimming Lesson Schedule X=Openings (10 maximum per class)****Swim Class Registration****Session One: July 5-July 14 (Classes Monday-Thursday)**

Registrations are currently being accepted at the Recreation Office or you may also register online through our website, [www.ellington-ct.gov](http://www.ellington-ct.gov).

Lessons are filled on a first come, first serve basis with a maximum of 10 students per class.

Levels 1-6 are not determined by age. Parents are required for children participating in the Adult/Child Aquatics Level 1 program.

Adults and/or special needs individuals that would like to take swim lessons are asked to contact:

**Mary Bartley**  
Recreation Supervisor  
870-3118, ext. # 14.

**Lesson Fees:**

**40 minute class: \$35**

**30 minute class: \$30**

***Scholarship Programs***

If a need arises please make a confidential inquiry to the Recreation Director.

***ADA:***

The Town of Ellington does not discriminate on the basis of race, color, national origin, sex, religion, age, or disability in provision of programs and services. If you or a family member need special assistance, please make us aware of your needs at time of registration.

Time	Adult Child Age 3	Pre- school Ages 4/5	Level 1	Level 2	Level 3	Level 4	Level 5 / 6
9:00-9:40am						X	X X
9:50-10:30am				X	X	X	
10:40-11:20am			X	X	X		
11:30-12noon	X	X	X				
3:30-4:10pm			X				
4:20-5:00pm				X			
5:10-5:50pm					X		

**Session Two: July 18- July 28 (Classes Monday-Thursday)**

Time	Adult Child Age 3	Pre- school Ages 4/5	Level 1	Level 2	Level 3	Level 4	Level GS
9:00-9:40am					X	X	X
9:50-10:30am				X	X	X	
10:40-11:20am			X	X	X		
11:30-12 noon	X	X	X				
3:30-4:10pm					X		
4:20-5:00pm				X			
5:10-5:50pm						X	

**Session Three: August 1-August 11 (Classes Monday-Thursday)**

Time	Adult Child Age 3	Pre- school Ages 4/5	Level 1	Level 2	Level 3	Level 4	Level 5 / 6
9:00-9:40am						X	X X
9:50-10:30am				X	X	X	
10:40-11:20am			X	X	X		
11:30-12 noon	X	X	X				
3:30-4:10pm			X				
4:20-5:00pm					X		
5:10-5:50pm				X			

Page 4		The Ellington Connection			Summer 2011	
PROGRAM	ID CODE	DATES	TIMES	GRADES	FEE	LOCATION
<b>Volleyball Camp</b>	1911.VBC	June 27,28,29,30	9am-12:30pm	Grades 3-9 Fall 2011 school year	\$75	Middle School
<b>Chris Corkum Baseball Camp</b>	0914.CCC	June 27,28,29,30 Rain date July 1	9am-1:00pm	Grades: 3-8 2010-2011 school year	\$95	Brookside Park
<b>Lacrosse Camp Boys &amp; Girls</b>	0904.LAX	July 18,19, 20 Beginners 1-8 Intermediate 5-8 Coordinator: Dave Giordano	5-7:30pm	Grades: 1-8 2010-2011 school year	\$45	High School
<b>Tennis Camp (RD=Rain date)</b>	1912.TC5	Session 1: July 18,19,20,21 (RD: Friday July 22)	9am-11am	Grade 2-8 2010-2011 School year	\$55	Brookside Park
	1912.TC6	Session 2: July 25,26,27,28 (RD: Friday July 29)	9am-11am		\$55	
<b>Tennis Camp Evaluation (not mandatory)</b>		June 11	10am-12noon		0	Brookside Park
<b>UK International Soccer Camp</b> 2010-11 school year	UKSC.103	June 20,21,22,23,24	4:30-5:30pm	3-4 yrs	\$58	Brookside Park
	UKSC.104	August 22,23,24,25,26	6:00-7:30pm	5-6 yrs	\$70	
			4:30-7:30pm	7-16 yrs	\$105	
<b>Basketball Camp</b>  (Snack/drink Provided)	0916.BB12	July 11,12,13,14,15	9:30am-11am	Grades 1-2	\$35	Middle School
	0916.BB14	July 11,12,13,14,15	8:00am-11am	Grades 1- 4	\$75	
	0916.BB58	July 11,12,13,14,15	11:30-2:30pm	Grades 5-8 2010-2011 School year	\$75	
<b>Wiffle Ball Camp</b>	WIFF.BAL	July 18,19,20,21,22 Instructor: Scott Curtis	9am-11am	Grades 5-10 2011-2012	\$65	Middle School
NEW!! Wiffle Ball Camp: That's right...everyone's favorite backyard game! The sight of the white plastic ball knuckling through the air. The sound of the yellow plastic bat as it makes contact with the ball. The celebration of a game winning hit!! Games, games, games...prizes and a winner take all tournament. An Ellington facility will be turned into a fantasy Fenway Park of Yankee Stadium as you play your own GAME 7 scenario.						

<b>Outdoor Golf Lessons &amp; Camps at the Ellington Golf Center</b>  Fee: \$65 each session Instructor: Jeff Wadsworth e-mail: <a href="mailto:jwadsworth50@comcast.net">jwadsworth50@comcast.net</a>	<b>Session 4: June 7, 14, 21, 28</b>	6pm-7pm 7pm-8pm	Youth 6-9 years old Teens 10-13 years old
	<b>Session 5: June 9, 16, 23, 30</b>	6pm-7pm 7pm-8pm	Women's Class Co-ed Adults Class
	<b>Session 6: Mini-Camp July 11, 12, 13</b>	9am -12noon	Ages 9 to 13
	<b>Session 7: Mini-Camp July 25, 26, 27</b>	9am -12noon	Ages 9 to 13
	<b>Session 8: Mini—Camp August 8, 9, 10</b>	9am-12noon	Ages 9 to 13
	<b>Session 9: July 7, 14, 21, 28</b>	6pm-7pm 7pm-8pm	Women's Class Adult Class
	<b>Session 10: August 4, 11, 18, 25</b>	6pm-7pm 7pm-8pm	Women's Class Adult Class

Summer 2011		The Ellington Connection			Page 5	
CLASS	ID CODE	DATES	TIME	AGES	FEE	LOCATION
<b>Jukido</b> Instructor: Paul Ward	0504.JUK612	Session 6: Thursdays May 19,26; June 2,9,16	5:30-6:45pm	6 & up	\$40	Windermere School Gymnasium
<b>Brookside Boot Camp</b>  Instructor: Ginny Hogan	No Code	Session 1: Mondays June 6,13,15,27; July 11,18,25; Aug 1,8,15 Session 2: Wednesdays June 1,8,15; July 6,13,20,27; Aug 3,10,17 Session 3: Fridays July 1,8,15,22,29; Aug 5,12,19	6:00pm-7:00pm  6:00pm-7:00pm  6:00am-7:00am	Age Requirements Age 14 and Up (minimum age: incoming freshman at EHS)	\$5 per class	Brookside Park
Join us for an energizing workout that will challenge you and promote toning, weight loss, cardio conditioning and overall fitness. Personal trainer/instructor will lead a varied format of moderate-to-high intensity exercises utilizing medicine balls, weights, steps, running, etc. Meet by the picnic tables. Bring plenty of water, a towel, and an exercise mat. All ability levels are welcome. Two sessions per week will give excellent results. <b>Dates subject to change if instructor is unavailable; advance notice will be given. Participants may pay in advance \$5/class on a monthly basis or a \$7 drop-in fee. Advanced registration is required. A min. of six (6) pre-paid registrants per class day is required.</b>						
<b>Pantuosco Soccer Day Camp CT</b>	No Code	August 15-19	9:00am-2:30pm	8-13	\$175	Ellington/ Somers TBD
<b>Pantuosco Soccer Evening Camp</b>	No Code	August 15-19	4:30pm-7:00pm	High School Girls Only	\$130	Ellington/ Somers TBD
Applications and medical forms are available at <a href="http://www.somersct.gov">www.somersct.gov</a> , then click on Recreation Department. Pantuosco Soccer Camp (PSC) will be entering its 33rd year this coming summer. Since 1979 PSC has provided a solid foundation of soccer skills and knowledge to over 20,000 campers!! For further information please contact program Director: John Pantuosco @ 860-749-8814 or e-mail <a href="mailto:shellypan@earthlink.net">shellypan@earthlink.net</a>						

### Ellington's Ultimate Frisbee

<http://sports.groups.yahoo.com/group/ellingtonultimate>

Ultimate Frisbee is similar to soccer, basketball and other sports, played on a football-sized field, and is a TEAM game; athletic ability is not a requirement. The adult program is for high school aged through Grand Masters (40 and above).

Monday & Friday Evenings from 5:30pm to Dark  
Windermere School.

Pre-registration required.

Please contact Karl at [ksneubec@gmail.com](mailto:ksneubec@gmail.com)

**No fee.**

### Cressotti Baseball School

In conjunction with Ellington Recreation Department Presents

#### Summer Baseball & Tee Ball Fundamental Clinic

##### Summer Baseball:

Ages~ 7-12 years ~ July 18,19,20,21,22

9am—12 pm @ Brookside Park

Cost: \$90.00 Code: CRESS.BBALL2

All participants to bring their own equipment (glove, bat).  
Please provide a snack & water bottle for your child daily.

##### Tee Ball Fundamental Clinic:

Ages ~ 4-6years ~ July 18,19,20,21,22

9am—10:15am @ Brookside Park

Cost: \$45.00 Code: CRESS.TEBAL2

Bring your own glove and water bottle.

Page 6		The Ellington Connection			Summer 2011	
PROGRAM	ID CODE	DATES	TIMES	AGES	FEE	LOCATION
<b>1-2-3 Move with Me</b>	123M.WMES	Tuesdays: June 21,28; July 5,12,19,26; Aug 2,9  Instructor: Amy Kreider	10:15-11:15am	Ages 2-4	\$65 or \$8/class due to vacations	Brookside Park
<b>Kripalu Yoga</b>	KRIP.YOGA8  Inst. Jack Fila, RYT	Session 8: CONTINUED April 14,21,28 May 5,12,19,26 June 2,9,16 E-mail: <a href="mailto:yogamanack@cox.net">yogamanack@cox.net</a>	6:30-8pm	18 & up	\$8.00 per class pre- registered Or \$9.00 Walk-in	Hall Memorial Library
<b>Adult &amp; Youth Competitive Basketball</b>	ADTC.BBA	Pre-season league meeting will be determined. Team representatives and individuals MUST pre- register at the Recreation Office.	5:30-9:30pm	Adult: 18 yrs and Up Youth: Entering Gr. 9-12	Team Fee TBD per # of teams and members	Brookside Park
<b>Co-ed Adult Softball</b>	Call Rec Dept. to Register	May 15-August		Adult	No Fee	High School
<b>Girls Travel League Softball U-12 , U-14, U-16</b>  NCGSL website: <a href="http://www.ncgsl.org">www.ncgsl.org</a>	Deadline for registration May 27, 2011  <b>No metal spikes allowed</b>	<b>Clinics:</b> Evaluations will be held after May 5; dates will be posted on website. <a href="mailto:Ellingtonncgsl@yahoo.com">Ellingtonncgsl@yahoo.com</a>  <b>Registration in Rec Office ONLY</b>	TBA	U-16 Players born on/after 1/1/1994 U-14 Players born on/after 1/1/1996 U-12 Players born on/after 1/1/1998	\$95	Travel & Brookside Park
<b>High School Girls Summer Soccer League</b>	3001.HSG	Informal league schedule will be offered in addition to a limited pre-season (mid-June). Matches: 3rd week of June through 1st week of Aug.	Evenings Dates to be determined	Designed for girls entering 9th -12th grade in the Fall of 2011	\$35	Brookside Park
<b>Co-ed Men's / Women's Volleyball &amp; Youth Volleyball</b>	3002.CEV	Beginning Wednesday nights starting June 2011	6pm-8pm	Grades 5-6 & 7-8 2010-11 school year	No Fee	Brookside Park
	0120.YVB	Informal leagues will be formed as registrations are received.	5-6pm			
<b>Adult Informal Outdoor Basketball</b>	3003.AIB	Monday nights starting June 2011  One brand new basketball court and a newly refurbished court will be available for use	5pm-8pm	Adult	No Fee	Brookside Park

Summer 2011		The Ellington Connection			Page 7	
PROGRAM	ID CODE	DATES	TIMES	AGES	FEE	LOCATION
Tiny Tot Outdoor Tennis Lessons	TINY.TTTK	Session K: May 23; June 6,13,20	5:30-6:15pm	3-5 Years	\$35 per session	Brookside Park
	TINY.TTTM	Session M: June 27,28,29; July 5,6				
	TINY.TTTN	Session N: July 18,19,20,25,26,27				
Pee Wee Outdoor Tennis Lessons	PEE.PWEK	Session K: May 23; June 6,13,20	6:30-7:15pm	5-7 Years	\$35 per session	Brookside Park
	PEE.PWEM	Session M: June 27,28,29; July 5,6				
	PEE.PWEN	Session N: July 18,19,20,25,26,27				
Youth Outdoor Tennis Lessons	YUTH.TENB	Session B: May 23; June 6,13,20	7:15-8:15pm	8-13 Years old	\$35 per session	Brookside Park
	YUTH.TEND	Session D:June 27,28,29; July 5,6				
	YUTH.TENE	Session E: July 18,19,20,25,26,27				
Tennis Lessons Adult Beginners	0205.ASTBB	Session B: May 21, 28; June 4, 11	9:30-10:30am	Adult Beginner 14 & up	\$35 Per session	Brookside Park
	0205.ATBBC	Session C: June 17, 24; July 1,8	5:30-6:30pm			
Tennis Lessons Adult Intermediate	0205.ASTIB	Session B:May 21,28; June 4,11	10:30-1:30am	Adult 14 & up	\$35 Per session	Brookside Park
	0205.ASTBC	Session C: June 17,24; July 1,8	6:30-7:30pm			
Tennis Lessons Adult Cardio	TENNS.CARD	Session M: June 21,24; 28; July 1 Session N: July 12,15,19,22	8am-9am	Adult Cardio 14 & up	\$25 per session	Brookside Park
USTA Junior Tennis Team	USTA.JRTN	Week of June 27-Aug 9 Monday-Friday	U18 as of Sept. 1, 2011 U14 as of Sept. 1, 2011		\$120	Brookside Park
TENNIS EVENTS: Sign up at <a href="http://www.friendsofellingtontennis.usta.com">www.friendsofellingtontennis.usta.com</a> or at Recreation Office						
USTA Adult Team Tennis	Join the Ellington USTA Adult Team as we play against neighboring towns this July and August with the chance to continue on regional playoffs. Play will likely be on weeknights, determined by interest and availability. There will be separate men's and women's teams. Each team plays one singles match and two doubles matches as part of their team match. We're looking for 6-8 players per team. Cost includes shirt & USTA Membership				\$70 Per Player	TBA
Weekly Ladder Play	Play will be defined by player availability. The Recreation Department will post a list of available players and time slots on its website (once we have received sufficient enrollment) in order to enhance communication between interested parties. Bring a new can of tennis balls each time you play.				\$10 Per Player	TBA
Quick Start Tennis Coaching Session	Saturday, September 17th , 9am– 3pm @ Brookside Park Tennis Courts; For Parents, potential coaches, and all that want to help youngsters, 5 and older, learn the game of tennis. Learn how you can set up a court in your driveway, to pick the right racket and ball to make the game more fun for all youngsters. Learn coaching drills appropriate for all groups.				\$30	Brookside Park

**Soccer Travel Teams**

Registration begins May 26. **DEADLINE** for registering for a travel team is based on the evaluation dates that are available. A player **MUST** attend a minimum of (2) evaluation clinics in order to be eligible for selection.

**Boys & Girls  
Travel Division Levels:**

Division 3, 4 & 5 U12 & U14  
Division 4 & 5 U10 & U9

Division 3 is a high level experience  
Division 4 is a competitive level  
Division 5 is recreational yet competitive

**Note:** Effective September 1, 2009 the new policy CJSA for Travel Team Players in the Division 3, 4 or 5 levels is that if a Travel Team Player who plays on a Travel Team in the Fall of 2010 and re-registers for the Spring of 2011 Travel Soccer team they would retain there spot from their Fall Team pending Spring Team available.

**Fee: \$70.00**

**NOTE:** Players are not allowed to wear jewelry during a practice or match.



AGE GROUP	EVALUATION CLINIC DATES ALL EVALUATIONS WILL BE HELD AT BROOKSIDE PARK	TIME FRAME
U-9 Boys	June 15,29; July 26; Aug. 1 June 25th	6:00pm-7:15 pm 9am-10:15am
U-9 /U-10 Girls	June 6, 9; July 11,12 June 11th	4:45pm-6:00pm 10:30am-11:45am
U-10 Boys	June 15,29; July 26; Aug. 1 June 25th	6:00pm-7:15 pm 9am-10:15am
U-11/U-12 Boys	June 13; July 12, June 11, 18 July 31	6:00pm-7:15 pm 9am-10:15am 4:30pm-6pm
U-11/U-12 Girls	June 6, 9; July 11,12 June 11th	5:45pm-7:00pm 9:30am-10:45am
U-13/U-14 Boys	June 8, 9,13; July 12 , 31	6:00pm-7:15pm
U-13/U-14 Girls	June 6, 9; July 11,12 June 11th	6:45pm-8pm 8:30am-9:45am

**Travel Team Guidelines:**

- A player's age group is determined as of August 1 preceding the beginning of the seasonal year of September. 1.
- **To be considered for selection to a travel team, player must attend a minimum of 2 evaluation clinics.**
- Travel team rosters may be comprised of 15 players (12 in U-10), maximum of 16.
- Players selected to a travel team are not required to participate in the recreation division.
- A first-year travel team player must provide a copy of their birth certificate and a **1x1** photo (for player pass purposes)
- **A player may attempt to qualify for an older age group but must attend the age appropriate clinics to be considered for selection.**
- Travel Team Fees **MUST** be paid in full upon selection to a travel team, and in addition, a **\$25 Uniform BOND** is required. If the uniform is submitted to the respective coach at the conclusion of the season, the \$25 check will be returned.
- Travel Soccer alignment: In accordance with Connecticut Junior Soccer Association age relevant guidelines. U11/ U12 teams will play 8 vs. 8 at the Division 4 Level, Players should attend U12 Evaluation Clinics to receive a rating.

**TRAVEL TEAM SOCCER ~ Age Groups for Seasonal Year September1, 2011 to August 31, 2012**

U-14 Players born 8/1/97 and younger;	U-13 Players born 8/1/98 and younger;
U-12 Players born 8/1/99 and younger;	U-11 Players born 8/1/00 and younger;
U-10 Players born 8/1/01 and younger;	U-09 Players born 8/1/02 and younger;



**IN-HOUSE & INSTRUCTIONAL SOCCER REGISTRATIONS: DEADLINE IS AUGUST 26**

ALL REGISTRATIONS RECEIVED AFTER 8/26/2011 WILL BE BASED ON AVAILABLE ROSTER SPACE

Players selected to a travel team (COMP) do not have to participate on a recreation/travel team. There will be 3 divisions available: D-3, 4 and 5, D-5 being the recreation/travel level, where all players in U11-14 will be placed on either a D-3, 4, or 5 team. If a child does not attend a minimum of 2 evaluations then he/she will be assigned to a D-5 team unless an opening exists at a higher level due to the actual enrollment.

Grade Levels	ID Code	Start Date	Times	Location
<b>RECREATION FALL INSTRUCTIONAL SOCCER FEE: \$22.00</b>				
3 & 4 yrs old boys & girls	90034.101	September 10	11:00am-11:45am	Brookside Park
Kindergarten boys & girls	900K.101	September 10	11:00am-12noon	Brookside Park
1st grade boys & girls	9001.101	September 10	10:00am- 11:00am	Brookside Park
2nd grade boys & girls	9002.101	September 10	9:00am-10:00am	Brookside Park
<b>RECREATIONAL FALL SOCCER FEES: \$24 for 1st child / \$48 for 2nd child) / \$63 for 3 or more children</b>				
3 <sup>rd</sup> & 4 <sup>th</sup> grade boys	90034.B01	September 7	5:00-6:15pm	Brookside Park
3 <sup>rd</sup> & 4 <sup>th</sup> grade girls	90034.G01	September 7	5:00-6:15pm	Brookside Park
5 <sup>th</sup> & 6 <sup>th</sup> grade boys	9056.B01	5 <sup>th</sup> & 6 <sup>th</sup> grade girls	9056.G01	No Evaluations
7 <sup>th</sup> & 8 <sup>th</sup> grade boys	9078.B01	7 <sup>th</sup> & 8 <sup>th</sup> grade girls	9078.G01	No Evaluations

### Youth Football & Cheerleading

#### Ellington Roadrunners

**Boys & Girls ages 6 to 13**

#### Registration Information:

**Wednesday, May 18/6pm-7:30pm &  
Saturday, May 21/10am -12noon @  
Brookside Park**

A non-returnable copy of the child's birth certificate is required at registration. The fee is \$85 first child, \$70 for the second child, and \$60 each additional child in the same family. After May 21, registration fees are increased by \$10 and can be mailed to:

**Ellington Roadrunners  
P.O. Box 501  
Ellington, CT 06029**

For more information contact

Chris Weitz @ [cmweitz@comcast.net](mailto:cmweitz@comcast.net)  
Website: [www.ellingtonroadrunners.com](http://www.ellingtonroadrunners.com)

The league operates through volunteers. Parent volunteers are also welcome to sign up.

### 2011 Summer Teen Adventures

A new and exciting summer indoor/outdoor recreation program is being considered by the Recreation Department for current 7th-8th grade boys and girls. With the added use of the renovated, historical Crystal Lake Schoolhouse (located directly across from the Town's waterfront property/ Sandy Beach), numerous opportunities will open on a year-round basis for both passive and non-passive recreation. Activities will include, but are not limited to the following: Swimming, Games, Volleyball, Outdoor Activities

**Projected Time: 12 Noon-5:00pm**

**Location: Crystal Lake Schoolhouse**

**Fee: \$45.00 per child per week (\$15 per day)**

*Pre-Registration is Required.* A minimum of 10 and maximum of 20 participants will be required per day in order to offer the program. ***Program will be offered rain or shine!!!***

<b>Projected Dates (18 days):</b>	<b>Week 1</b>	<b>July 5, 6, 7</b>
	<b>Week 2</b>	<b>July 12, 13, 14</b>
	<b>Week 3</b>	<b>July 19, 20, 21</b>
	<b>Week 4</b>	<b>July 26, 27, 28</b>
	<b>Week 5</b>	<b>August 2, 3, 4</b>
	<b>Week 6</b>	<b>August 9, 10, 11</b>



Please send an e-mail with name/phone/address to [rtdford@ellington-ct.gov](mailto:rtdford@ellington-ct.gov) no later than June 1 to pre-register. If you have additional suggestions that may benefit the implementation of this program, please feel free to communicate that information. **The summer teen adventures program will be made available provided enrollment meets the minimum required, and that a certificate of occupancy has been approved by the Town's building inspector.**

**Diane Lasher-Penti, Youth Services Director**  
 860-870-3130 ~ [youth.ellington-ct.gov](mailto:youth.ellington-ct.gov)

### To Register for Youth Services Programs:

**Call:** 860-870-3130 or

**Email:** [youthservices@ellington-ct.gov](mailto:youthservices@ellington-ct.gov)

### Safety Town & Outdoor Safety Week

**Safety Town** is offered exclusively for children who will begin kindergarten in the fall of 2011. Safety Town is an interactive, five-day program (two hours per day) that expands children's knowledge of safety.

Location: Center School, 49 Main Street

#### **Outdoor Safety Week:**

July 11-15 ~ 9 a.m.-11 a.m.

#### **Safety Town**

Session 1: July 18-22 ~ 9 a.m.-11 a.m. or

Session 2: July 25-29 ~ 9 a.m.-11 a.m.

Cost: \$25.00 per week

### THE VOYAGE: Discovering the World Beyond Yourself

Join us as we journey around the world to different countries. We will be exploring and experiencing many different sides of life, celebrated in food, music, art, customs and games. All this will be enjoyed through hands-on activities in a fun environment.

#### **CLASSES OPEN TO ALL 2011 INCOMING 5th & 6th GRADERS**

Location: 31 Arbor Way (Off of Main Street)

Wednesdays ~ 2 p.m.-4 p.m.

Dates: July 6, 13, 20 and 27

Cost \$30.00

### 1-2-3 I AM ME PROGRAMS

Kids will have a chance to build self-esteem, self-concept, stress management, and conflict resolution skills during this six-week program.

Location: 31 Arbor Way (Off of Main Street)

#### **Incoming Kindergarten Students**

Tuesdays 4:30 p.m. to 5:30 p.m.

Dates: July 5, 12, 19, 26, Aug 9, 16

#### **Incoming 1st Grade Students**

Tuesdays 6 p.m. to 7 p.m.

Dates: July 5, 12, 19, 26, Aug 9, 16

#### **Incoming 2nd Grade Students**

Wednesdays 6 p.m. to 7:30 p.m.

Dates: July 6, 13, 20, 27, Aug 10, 17

#### **Incoming 3rd Grade Students**

Thursdays 6 p.m. to 7:30 p.m.

Dates: July 7, 14, 21, 28, Aug 11, 18

Cost: \$25.00

### Girl Power

This is three day camp for girls going into **4th and 5th grades**. They will have a fun and enriching time. Skills focused on include: developing respectful relationships, understanding differences, recognizing and coping with feelings, learning how to express yourself, proper nutrition and exercise, strengthening self confidence. The girls will also be doing crafts, games and discussions.

Location: 31 Arbor Way (Off of Main Street)

Dates: August 2, 3, 4

Time: 10 a.m.—12 Noon

Cost: \$30.00

### Counseling Services:

Youth Services provides counseling services year round for youth and their families.

**Services are confidential.** We are here to help. Sliding Fee Scale.

Contact: Diane Lasher-Penti, LMFT at 860-870-3130 or

Email: [dpenti@ellington-ct.gov](mailto:dpenti@ellington-ct.gov)

**Summer Concert Series@ Arbor Park**

Due to the generosity of Ellington businesses and family patronage, Ellington's Summer Concert Series at Arbor Park has been revived. The concerts will once again be staged at Arbor Park on **Sunday evenings** from **6:00–8:00** p.m. The Ellington Parks & Recreation is still accepting donations to fund and sponsor this series of concerts. Donations will also be accepted at the concert events.

**Note:** In the event of inclement weather, efforts will be made to hold the concert in the Ellington High School Auditorium.

**Sunday, July 10  
6:00-8:00 p.m.**

**Crystal Blue Project**

The Crystal Blue project has an exciting stage show led by dynamic lead singer and Ellington Resident Perchell Jackson and teen phenom Trey Wilson on guitar. Electric rock, funk, and R&B driven band, Crystal Blue project has a dynamic vocal section, mind-tingling guitar solos, and rhythm and wind section that's guaranteed to make you stand and shout!! Add to the lineup: Vince Caiafa on the drums, Chuck "half cup" Brame on the harmonica and Alfredo Grado on the bass!! The Crystal Blue Project has performed at various clubs in New England and their website is: [www.myspace.com/CrystalBlueProject](http://www.myspace.com/CrystalBlueProject).

**Sunday, July 17  
6:00-8:00 p.m.**

**Off the Clock**

Rob Thomas and "Off the Clock" return to Arbor Park this summer. Come on out and sing along to the sounds of the 60's 70's and beyond. Off the Clock brings their band of acoustic rock with rich vocal harmonies back to Ellington for the 4th straight year. The group has built a large repertoire of classics from artists such as CSN, The Eagles, James Taylor, Neil Young, The Beatles, Steve Miller and The Who, to name but a few. Off The Clock also incorporated music by some later day artists such as Incubus, Stone Temple Pilots, U2 and Pearl Jam in their sets. The band has been playing regularly since 2000, and plays private parties, clubs and theatres throughout Connecticut/Western Mass. The band is available at <http://www.offtheclockband.com>.

**Sunday, July 31  
6:00-8:00 p.m.**

**Kenn Morr Band**

Singer/songwriter Kenn Morr is celebrating the release of his fifth album "Higher Ground" which has been released to critical acclaim and airplay in over Ten European countries and in the U. S. Kenn's music has been played on over 40 radio stations in the U. S. and Europe. Bob Dylan's brand of acoustic rock is referenced by Kenn's low persuasive tones, and traces of John Mellencamp are recognizable in the songs heartfelt quality and accessibility. The lyrics address universal themes such as love, fear, cautiousness and curiosity and speak to every man.

**Sunday, August 7  
6:00-8:00 p.m.**

**The Score**

Led by Ellington resident Jeremy Banks, the rock/party band The Score will bring their seasoned band of musicians to Arbor Park. Mr. Banks is the lead singer in a band that includes 5 other members. The selections will include music from the 60's right through to the current best hit list. The Score has been playing together for six years, has been a regular at Murphy and Scarlett's in Farmington, Sweet Jane's in downtown Hartford and the Society Room...in addition to playing at reunions, weddings, etc.

**Sunday, August 14  
6:00-7:30 p.m.**

**Paul Recker &  
Jim Harkins**

This year, Paul Recker, an accomplished guitarist and an engaging singer and frequent guest at the Arbor Park series, is teaming up with Coventry musician, Jim Harkins. Jim has been active on the music scene since the 70's. He is known for his rhythmical guitar style, combining bass with chords for full-sounding and unique arrangements. Together, they present a concert featuring a mix of songs the whole family can enjoy. Songs that tell stories, tap memories and touch the heart. Sing along, dance or just sit back and enjoy!

**Note: This Concert will run 6:00—7:30 PM**

## Ellington's Ultimate 2011 Summer Camp Extravaganza!

Full Day:	8:30am - 2:30pm	\$75.00 per child/per week (\$15.00 a day)
Half Day Morning:	8:30am - Noon	\$40.00 per child/per week (\$8.00 a day)
Half Day Afternoon:	12noon-3:30pm	\$40.00 per child/ per week (\$8.00 a day)
Before Camp Care:	7:30am - 8:30am	\$10 per child/per week (\$3.00 per day)
After Camp Care:	2:30pm- 4:30pm	\$35 per child/per week (\$7.00 per day)

**Note: A reduction of \$10 per week (full day/full week camper) for 2nd and 3rd children in same household.**

### REGISTRATION INFORMATION

**Pre-Registration Required. All registrations will be done by the Activenet On-Line system.**

#### **REGISTRATION WILL BEGIN ON MAY 15**

If you don't have internet access at home you can register on-line at the Recreation Department. In office on-line registrations allows you to pay by cash, check or credit card without convenience fees.

**Any questions regarding camp format/schedule, email: [EllingtonDayCamp@yahoo.com](mailto:EllingtonDayCamp@yahoo.com)**

- After Camp Care, minimum of 12 registrants.
- Partial weeks are prorated.
- **FULL DAY CAMPERs ARE TO BRING A BAGGED LUNCH EACH DAY!**
- Campers should bring a labeled water bottle daily.
- **SNACKS WILL BE PROVIDED.**
- Campers are to come dressed appropriately for camp activities ~ **no flip flops!**
- Friday Pizza Parties for LUNCH!!!!
- Children should bring swim suit attire/towel/suntan lotion if going to participate in water activities.
- Epi-Pen/Meds need to have a doctor's note and must be submitted on first day of camp.

### CAMP INFORMATION

**Ages: 4-12 (4 as of 12/31/11)**

**MUST be Potty Trained~ Strictly Enforced.**

<b>Week 1</b>	June 29,30; July 1	Camp Spirit Week!
<b>Week 2</b>	July 5, 6, 7, 8	Dr. Seuss Week!
<b>Week 3</b>	July 11– July 15	Nature Week!
<b>Week 4</b>	July 18-July 22	Underwater Week!
<b>Week 5</b>	July 25– July 29	Olympic Week!
<b>Week 6</b>	Aug. 1-Aug. 5	Fiesta week!
<b>Week 7</b>	Aug. 8-Aug. 12	Wild –N-Crazy Week!
<b>Week 8</b>	Aug. 15,16,17,18	Express Yourself Week!

**Location: Center School**

**Partial weeks are prorated.**

#### **SPECIAL EVENTS:**

**Movies, Nature walks, scavenger hunts.  
Friday Pizza Parties for LUNCH!!!!**

### **Youth Basketball Clinics**

A six week series of informal/youth basketball clinics/programs will be offered to Ellington residents at Brookside Park and/or surrounding towns, pending the final enrollment.

**Grades 1-4** Wednesday evenings, starting July 6, 5:30-6:45pm

**Grades 5-8** Tentative Wednesday evenings, starting July 6, 7pm-8:15pm

**Grades 9-12** Thursday evenings, starting July 7, 6:30-8pm

Fee: \$20 per person.

### **Competitive Edge Mixed Martial Arts**

The Recreation Department, in conjunction with the Competitive Edge Mixed Martial Arts, 180 Windsorville Road/5 Corners Plaza, will offer a six-week summer program. The sessions will cover the basics of karate with a strong focus on Stranger Danger and anti-bullying in social settings.

**Dates: June 29; July 6, 13, 20, 27; August 3**

Ages: 4 to 8 years 10am—10:45am

Ages: 9 to 13 years 11am—11:45am

Fee: \$55.00 for 6 weeks. Fee will be pro-rated if unable to attend all 6 sessions.